



October 2023

## **PRESIDENT'S MESSAGE**

As I (Gail) gaze out at the last of my dahlias and zinnias, I am reminded that summer is ending, and the gardening year is over. It's time for a vacation and some relaxation before the new gardening year begins. For me, Autumn means planting bulbs and sweet peas to be ready for spring blooms. For others, it may mean harvesting their pumpkins, planting cool-weather vegetables, enjoying mums and other fall bloomers, or perhaps just kicking back and enjoying the cooler weather.

But for PLGC members, the best part is the resumption of monthly meetings!

We had a wonderful kick-off meeting in September, with interesting presentations by Jana Weatherbee and Dale Rekus. 2023-2024 yearbooks were available (don't forget to pick yours up!) and the usual delicious coffee and goodies. This was our first time getting to the Hall at the same time as the Coffee Committee (8 am!). Immediate past-President Jill West showed us how to unlock the Hall and turn on the lights. Various Committee Heads, from Ways and Means to Horticulture were there early to set up. We were again reminded of all the unseen and unsung little (and not-so-little) that so many members do to keep PLGC running smoothly! And I (Audrey) was especially gratified by the many long-time PLGC members who took the time to introduce themselves and share their personal stories along with their enthusiasm for our remarkable club.

We are looking forward to October's Flower Show. One of us (Gail) is submitting a floral design entry for the first time ever! We hope that you enter too. If you can't do a floral design (there's even a miniature class of 3"x 3"—how difficult could that be!), you can bring a horticultural sample from your garden, which is super easy and fun! Check your emails and the web site for more info. If you don't have time to enter, make time to visit the Flower Show at the Point Loma Library on Saturday October 14 or Sunday October 15!

As usual, there are lots of activities, workshops and field trips going on. The end of summer is just the start of fun at PLGC. Dive in and enjoy yourself!

Gail Trimble and Audrey Clark  
Co-Presidents

### Never Stop Growing



Dale Rekus was our speaker at the September meeting, talking about the upcoming Flower Show



Say hi to Renee Kuerbis she'll be running The Horticultural Table.



The food table, yum, so much good stuff.

## WAYS AND MEANS

Our committee has held three workshops these past four weeks: two macrame workshops and one educational outdoor class in which we learned how to dissect/cut stag horn ferns and prepare them for their new homes. We had eight of our members attend in the shaded yard of Susan Nance, our instructor and host. We learned a lot; there will be another training by Susan in the future.

More workshops are planned. Our first succulents planting for rooting is on Sept. 28th (please see the Events section in our website). Please bring fabulous cuttings, your gloves, trowels, 4 inch or larger planting containers; and all related tools. This event proves to be a hit for accomplishing our workshop goal; and as a bonus you get to hang out with your garden club friends!

Another Macrame workshop is in the making. If you are creating at home, we will look forward to seeing your results! For all workshops, please sign up. It helps the committee and host(s) prepare for all of us.

The Holiday Tea and Bazaar is on December 13<sup>th</sup>. Creating other garden related items at home? A wide variety of gifts can be made, displayed, and sold; thank you for your efforts! **NEWS IN ADVANCE-** The plant sale is set for Saturday, April 20<sup>th</sup>. Save the date.

Melinda Medina  
Ways and Means



Mary Bateman practicing stitches.



President Gail made a plant hanger.

## MEMBERSHIP

Welcome to our newest members.

Welcome to our newest member,  
Darla Calvet  
2714 Anjuli Ct  
El Cajon, CA  
[darlacalvet@gmail.com](mailto:darlacalvet@gmail.com)  
619-318-0605



Darla tells us:

I have been an avid gardener for many years. I am interested in learning more about gardening. I enjoy participating in clubs. I hold a PhD in Education and am a professional writer. I am coming out with my next book in December of 2023. I have been married for 35 years and have two adult daughters, Claire 30, and Annie 27. I own my consulting business offering strategic planning and training services and have been the CEO since 2008. I look to gardening for peace and relaxation. Committee interests include Programs, Ways and Means, and Petal Pushers.

Janet Nees and Cherie Abrams  
Co-chairs: Membership

Meet our new members who were introduced at the September meeting- Rose Mizrahi and Jen Freeberg

## Sunshine Lady



If you know one of our members who needs get well wishes, condolences or just needs to know we are thinking of them please let Bev Bruff know at [bevbruff@yahoo.com](mailto:bevbruff@yahoo.com)

## POINT LOMA LIBRARY FLORAL DISPLAYS

Many thanks to Ken Fernandes for providing all the arrangements for the month of September.

October 7	
October 14	Sherry Hebert
October 21	
October 28	Ken Fernandes

Thank you to all our volunteers. The floral arrangements are so much appreciated and add a lovely touch to the Pt Loma Library. You can also provide a lovely plant or succulent arrangement.

There will be a signup sheet to provide flowers in October or you can contact me by email - [Btcondor@yahoo.com](mailto:Btcondor@yahoo.com).

## POINT LOMA GARDEN CLUB FLORAL SHOW



We will be hosting the 29th National Garden Clubs Standard Flower Show at the Hervey Library on October 14 and 15.

If you are contemplating entering a design, it is time to do so before registration closes. Entries in the Design Division **must be registered by Friday, October 6**, by calling Linda Hitney, the Design Entries Chair, at 619-222-1056.

If you have any questions about what you can do or use in a design, please call Kathy Walsh, the Design Division Consultant, at 519-850-7301.

If you need a printed copy of the schedule due to computer issues or you have any questions about the entering of a design, please call Dale at 619-208-1753.

Thank you,  
Dale Rekus and Sherry Hebert- Floral Show Co-chairs

## **NEXT MEETING**

**WEDNESDAY, OCTOBER 11**

**Portuguese Hall**

**9:30 a.m. - noon**

**9:30-10** Light Brunch, Buffett Floral Design – Jeanne Irwin

**Hospitality** – PennyArenson, Lynlee Austell, Lauren Azevedo-Grondona, Sylvia Bate-Swall, Susanna Belk, Mollie Bigger, Clara Blenis, Cynthia Boyd, Valerie Bronson, Jodie Bruhn, Ginny Bueger, Donna Buss, Dee Cabana/Kettenburg, Molly Cadranell, Joan Campagnolo

**10 am -General Meeting**

**5 Minutes Presentation Evelyn Barandicarin – History of Portuguese Hall**

### **Program: Floral Design**

Lina Pei is an award-winning Floral Designer, member of the International Association of Professional Florists, Technology Chair of the Coronado Flower Association, and is a PLGC member. Lina will do floral designs with harvest and autumn theme.

*Lecture and Presentation*

## **HOLIDAY TEA AND BAZAAR**

It's that time of year again and the Holiday Tea and Bazaar will be here soon. Members are asked to bring 30-36 pieces of delicious homemade finger foods: either savory or sweet for the sumptuous tea table. A signup sheet (plus a reminder note for you) will be at our October meeting. Please join us in this festive event by signing up.



Sandi Winter- Holiday Tea Advisor

# HORTICULTURAL TABLE

At every meeting we have a Horticultural Table, and we have a newer member who has taken over this position from Jim Tullar who manned the table for many years. The newer member you will see at the table is Renee Kuerbis. Stop by the table and say hi and check out the specimens that others have brought in or bring something to share. This is where you can display any interesting plants or flowers from your garden.



Renee at the Horticultural Table



African Milk Bush-  
Shyla Crowson



Frizzel Sizzle - Sherry  
Hebert

Christmas Sleigh-  
Cindy Sparks-Bruecks



Heliotrope-  
Jim Tullar



## FIELD TRIPS



Monday, Oct. 16  
**Alta Vista Botanical Gardens**  
1270 Vale Terrace Dr., Vista  
**Exotica Rare Fruit Nursery**  
2508 E. Vista Way, Vista



We'll meet at 9:00 AM at the parking lot for Slater's 50/50 in Liberty Station (near the old Ace Hardware). It is suggested to wear sturdy shoes (closed toe) for both tours. Hopefully the weather will be great but bring a hat and some water just in case.

Alta Vista Botanical Gardens is a true community garden designed for "bringing together people, nature and art." We'll meet with a docent, Naomi Stein, for a tour. There are several different gardens: a children's garden, healing garden, herb gardens and of course gardens for different climates/countries.

Art objects and sculptures are everywhere. The garden has both paved walkways and dirt paths. There are elevation changes when going to some of the gardens, depending on where Naomi guides us. There is a \$5.00 fee for non-members.

For lunch, we'll head to the Yellow Deli. This was recommended by Naomi. They have a private room that will hold 20+ so that we can have some privacy. They have soup, salads, sandwiches, etc.

Exotica Rare Fruit Nursery has just about every tropical fruit and flower that you can think of, and then some. We have plans to meet with one of the owners, Steve, for an introduction and tour. There's usually fruit to sample on a table at the entrance (whatever is ripe at the time). It's a little primitive. There's a small sign on the main road and we turn onto a dirt road and dirt parking lot. The walks ways are either dirt or grass (it's level, no hills) and not everything has a price tag on it. But it's amazing to see all the tropicals that thrive there. The web site is really nothing more than a "U-tube" video someone shot of the nursery.

Sherry Hebert, Jim & Kathy Sevel – Field Trip Coordinators



# WREATHS ACROSS AMERICA

On December 16, 2023, at 09:00 am (Wreath Placement begins at 10:00 AM PST), - Point Loma Garden Club will be helping Fort Rosecrans National Cemetery to remember and honor our veterans by laying remembrance wreaths on the graves of our country's fallen heroes.

Please help us honor and remember as many fallen heroes as possible by sponsoring remembrance wreaths, volunteering on Wreaths Day, or inviting your family and friends to attend with you. The wreaths are \$17 each and Point Loma Garden Club gets \$5 per wreath.

Thank you so much for supporting Point Loma Garden Club and Wreaths Across America!

Below is the link to sponsor wreaths for Fort Rosecrans-

<https://www.wreathscrossamerica.org/pages/44925/overview/?relatedId=0>



The wreaths from a previous year at Fort Rosecrans

## October Calendar

**October 4, 9:30 am to noon** - Board Meeting - Home of Audrey Clark

**October 11, 9:30 am to noon** - General Meeting, Portuguese Hall.

**October 13, 9 am** meet at Liberty Station - Field trip to Alta Vista Botanical Gardens and Exotica Rare Fruit Nursery

**October 14&15** - Fall Fun Flower Show, Point Loma/Hervey Library

**October 17** - Palomar District Fall General Meeting Hosted by Bernardo Gardeners

Maureen McGrath  
Newsletter Editor

Point Loma Garden Club  
P.O. Box 6382  
San Diego, Ca. 92166-0382

